

HOW TO STAY POSITIVE WHEN YOUR MOST CREATIVE LESSON PLANS DON'T WORK OUT

1. Don't take it personally
2. Understand that the students are probably frustrated too
3. Check your negative self-talk (Growth Mindset applies to our own learning as teachers, also)
4. Reframe "failure" as "feedback"
5. Smile and relax - we get to do it all over again tomorrow !
6. Take responsibility for changing the energy in the room

